

## DMS PHYSICAL EDUCATION SYLLABUS

NAME \_\_\_\_\_ GRADE \_\_\_\_\_ CLASS (A OR B)

**PHILOSOPHY:** The middle school physical education provides students with opportunities to acquire knowledge, skills, and abilities which would enable an individual to pursue a lifetime of fitness activities, dance, individual, dual, and team sports.

**GRADING:** Daily participation is a requirement of each student during physical education class. A grade will be derived from a students' participation, skill, and written work depending on the particular class a student is enrolled in. Students may be assigned to a regular PE class or a PE fitness class. The following grading scale is used to determine the students' grade.

**PE GRADE:**

60% Participation  
30% Dressing Appropriate  
10% Skill/Written test

**FITNESS GRADE:**

30% Participation  
30% Dressing Appropriate  
30% Portfolio  
10% Skill/Written test

Note \*\* If a student is unable to participate, either a note from home or a doctor's excuse is required. Only two excused days from home are allowed per nine weeks. Student's who need to be excused for a longer period of time, need to bring a doctor's note.

**DRESS CODE:** Appropriate clothing for PE is necessary. Students will be given time before and after class in order to change. Students are expected to wear tennis shoes, shirt, shorts, or wind/sweat pants. Jackets and sweatshirts are encouraged during cool weather. NO sandals, cleats, or inappropriate clothing is allowed. All clothing must meet the standard of dress for the school. Pants/shorts may NOT be rolled down, underwear must NOT be showing, and shorts must be proper length. (See student dress code in the handbook) *Please note that if a student dresses inappropriately for PE class, that student will be asked to change back into their street/school clothes and will receive a dress cut for that day.*

**GUM:** Absolutely No gum is allowed in the gym. If a student is caught with gum, the following consequences will be administered. The first offense is a warning. On the second offense, a teacher detention will be administered.

**Attention:**

Due to limited space in the locker rooms, each individual student will not be able to have their own locker. Students will have ample space to store their things on benches or inside lockers which they will have to empty at the end of each class period. The locker room is locked during class and re-opened when it is time to change again. **For security reasons, nothing of value should be brought to the locker room and for added security a lock may be brought from home to place on an individual locker during class time.** This lock has to be removed at the end of class to make room for the other classes that day.

**RULES and POLICIES:**

- Be on time: Students are expected to be on time. Students are given 7 minutes to dress and be in assigned location. On the third tardy to class, students will be issued a step on the connections discipline plan.
- Be responsible: Students are expected to be responsible for coming to class prepared. Students are required to bring the PE syllabus back signed by a parent. If the student brings back the syllabus the next class, a free dress cut will be awarded. **However, due to safety concerns, if the student fails to bring back the syllabus they will not be allowed to participate and a participation cut will be given every day until the syllabus is returned.**
- Follow Directions
- Be respectful of others
- Obey all school rules

**MEDICAL CONCERNS:** Please list any medical concerns about your child that would help in providing the safest environment. This information would include contacts, allergies, asthma, and any other condition that may require special consideration when participating in Physical Education. State law allows students to carry their inhaler to PE class. **Please sign below and return this form the following class period.**

My Child \_\_\_\_\_ has the following medical concerns:

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Please sign stating that you have read and understand the syllabus for Physical Education.

Student Signature: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Contact #/email: \_\_\_\_\_

**The PE department is asking for much needed donations of the following items:**

**Kleenex/tissues**

**Paper Towels**

**Time: Parent volunteers**

Thank you for your help in these matters. We, the DMS Physical Education Department are looking forward to a great year. If you have any questions please feel free to call (678)376-8554.