

# GOSNP Middle School Lunch Menu 09-10

Week 1: August 10, August 31, September 21, October 12, November 2, November 23 and December 14

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Classic Café</b>	Oven Fried Chicken & Biscuit	Beef & Cheese Nachos	Asian Chicken Rice Bowl	Mini Burgers (3)	Lasagna & Garlic Bread Stick
<b>Viva Italia</b>	Big Daddy Cheese Pizza	Big Daddy Cheese Pizza	Big Daddy Cheese Pizza	Cheese Filled Bread Sticks	Big Daddy Cheese Pizza
	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza
<b>Savory Sandwiches</b>	Hamburger/Cheeseburger/Bun	Grilled Chicken Sandwich	Hamburger/Cheeseburger/Bun	Crispy Crunchy Chicken Sandwich	Fish & Chips
<b>Very Veggie</b>	Veggie Grillers Prime Burger	Veggie Chicken Sandwich	Veggie Teriyaki Burger	Veggie Garden Burger	Veggie Chicken Sandwich
<b>Deliteful Deli</b>	Wraps- Assorted	Subs-Assorted	Wraps- Assorted	Subs-Assorted	Wraps- Assorted
	Chef Salads-Assorted	Chef Salads-Assorted	Chef Salads-Assorted	Chef Salads-Assorted	Chef Salads-Assorted
	PB & J	PB & J	PB & J	PB & J	PB & J
<b>Select Sides</b>	Mashed Potatoes	Mexican Rice	Mini Egg Rolls (2)	Deli Roaster Potatoes	Broccoli & Cheese Sauce
	English Peas	Black Beans	Coleslaw	Baked Beans	Yellow Corn

Week 2: August 17, September 7, September 28, October 19, November 9 and November 30

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Classic Café</b>	Chicken Asian Bites & WW Roll	Meatball Sub	Teriyaki Beef Rice Bowl	Philly Cheese Steak Hoagie	Mini Chicken Sandwich (3)
<b>Viva Italia</b>	Big Daddy Cheese Pizza	Big Daddy Cheese Pizza	Big Daddy Cheese Pizza	Big Daddy Cheese Pizza	Big Daddy Cheese Pizza
	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza
<b>Savory Sandwiches</b>	Hamburger/Cheeseburger/Bun	Grilled Chicken Sandwich	Hamburger/Cheeseburger/Bun	Crispy Crunchy Chicken Sandwich	Fish Wedge and Wheat Roll
<b>Very Veggie</b>	Veggie Grillers Prime Burger	Veggie Chicken Sandwich	Black Bean Empanadas & Spicy Dip	Veggie Garden Burger	Veggie Chicken Sandwich
<b>Deliteful Deli</b>	Wraps- Assorted	Subs-Assorted	Wraps- Assorted	Subs-Assorted	Wraps- Assorted
	Chef Salads-Assorted	Chef Salads-Assorted	Chef Salads-Assorted	Chef Salads-Assorted	Chef Salads-Assorted
	PB & J	PB & J	PB & J	PB & J	PB & J
<b>Select Sides</b>	Asian Fried Rice	Pasta Salad	Mini Egg Rolls (2)	Coleslaw	Waffle Fries
	Sweet Potato Fries	Roasted Asparagus	Curly Fries	Macaroni & Cheese	Oven Fried Okra

Week 3: August 24, September 14, October 5, October 26, November 16 and December 7

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Classic Café</b>	Chicken Tenders (2) & Wheat R	Crunchy Beef Tacos (2)	Chicken Egg Rolls (2)	Chili Cheese Hotdog/Bun	Spaghetti/Meatballs & Garlic Bread Stick
<b>Viva Italia</b>	Big Daddy Cheese Pizza	Big Daddy Cheese Pizza	Big Daddy Cheese Pizza	Cheese Filled Bread Sticks	Big Daddy Cheese Pizza
	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza	Big Daddy Pepperoni Pizza
<b>Savory Sandwiches</b>	Hamburger/Cheeseburger/Bun	Grilled Chicken Sandwich	Hamburger/Cheeseburger/Bun	Crispy Crunchy Chicken Sandwich	Crispy Crunchy Fish Sandwich
<b>Very Veggie</b>	Veggie Grillers Prime Burger	Veggie Chicken Sandwich	Hummus/Pita Chips/Carrots Sticks	Veggie Garden Burger	Veggie Chicken Sandwich
<b>Deliteful Deli</b>	Wraps- Assorted	Subs-Assorted	Wraps- Assorted	Subs-Assorted	Wraps- Assorted
	Chef Salads-Assorted	Chef Salads-Assorted	Chef Salads-Assorted	Chef Salads-Assorted	Chef Salads-Assorted
	PB & J	PB & J	PB & J	PB & J	PB & J
<b>Select Sides</b>	Black Eyed Peas	Baked Cinnamon Apples	Asian Coleslaw	California Mixed Veggies	Yellow Corn
	Crinkle Fries	Cheesy Refried Beans	Broccoli & Cheese Sauce	Yogurt Fruit Parfait	Fresh Veggies & Dip
<b>Daily Sides</b>	Veggie du jour	Veggie du jour	Veggie du jour	Veggie du jour	Veggie du jour
	Side Salad	Side Salad	Side Salad	Side Salad	Side Salad
	Pretzels/Sun Chips	Pretzels/Sun Chips	Pretzels/Sun Chips	Pretzels/Sun Chips	Pretzels/Sun Chips
	Fresh & Chilled Fruit	Fresh & Chilled Fruit	Fresh & Chilled Fruit	Fresh & Chilled Fruit	Fresh & Chilled Fruit

Everyday selections include Assorted Fruit Juice, A Variety of Milks, Cheese Sticks & Yogurt

"This institution is an equal opportunity provider". Menus are subject to change due to deliveries, product availability and local school events.

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**Middle School Meal Prices:**  
**Breakfast**  
 Full Price \$1.00  
 Reduced Price 30¢  
**Lunch**  
 Full Price \$2.00  
 Reduced Price 40¢

Visit us on the Web for Nutrition Information and much more at [www.gwinnett.k12.ga.us/gcsnp.nsf](http://www.gwinnett.k12.ga.us/gcsnp.nsf)

